

Ark Evelyn Grace Main Course Lunch Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Meaty Mains	BBQ Chicken Garlic & Herb New Potatoes & Green Beans with Sweetcorn	Sausage & Mash with Caramelised Onion Gravy & Steamed Vegetables	Caribbean Lamb Curry served with Seasoned Rice & Braised Cabbage	Teriyaki Chicken Noodles	Battered fish of the day with Chips and Peas/Beans
Veggie Mains	Mushroom & Thyme Tart Garlic & Herb New Potatoes & Green Beans with Sweetcorn	Vegan Sausage & Mash with Caramelised Onion Gravy & Steamed Vegetables	Roasted Vegetable Lasagne	Vegetable & Bean Goulash served with Freshly Baked Bread	Italian Stuffed Aubergine
Jackets	Jacket Potato with daily topping				
Baguettes	Baguettes with various fillings served daily				
Sweet treats & fruit	White Chocolate Chip Cookie	Autumn Fruit Crumble & Custard	Flapjack	Double Chocolate Cake	Vanilla Shortbread
	Choice of Fresh Fruit, Jelly or Yoghurt served every day				

